

Camping: Boy Preparation

Carry the following items in one back pack, box, pillow case, duffelbag, etc. (Except Sleeping Bag)

10 Essentials in a Fanny Pack

- Flashlight & Light Stick
- Compass (map will be provided)
- Matches, fire starters, & flint & steel
- Pocket Knife
- First Aid Kit, Emergency Blanket, & Tweezers
- Sunscreen
- Whistle
- 30 gal Trash Bag/Disposable Poncho
- Water (provided)
- Trail Food (provided)

Activity Supplies

- Scout Handbook
- Testament

Clothing (In addition to what is worn . . .)

- Jacket, Coat, or Sweat Shirt (as appropriate)
- Rain Gear
- Long Pants (e.g., jeans)
- Long Sleeve Shirt
- Swimsuit
- T-shirt (1 + 1 for each day)
- Undershorts (1 for each day)
- Socks (1 pair for each day)
- Walking Shorts (warm weather only)
- Hat
- Shoes (closed toe only)

Shelter

- Sleeping Bag
- Pillow case
- Whatever is worn to bed (e.g., pajamas)

Health & Safety

- Toilet Paper
- Toothbrush & Toothpaste
- Flashlight & Batteries
- Light Stick
- Bug Repellant
- Bath Soap
- Medicine (if needed)

Nutrition

- Snacks
- Nalgene Water Bottles (2)

Mess Kit (Bowl, Spoon, Cup)

Transportation

- Trip Plan
- Permission Slip
- Emergency Phone Numbers

