

The Outdoor (Ten) Essentials: (Boy Scout Handbook, p. 207)

Any time a Scout goes on a camping trip or hike, he should always be prepared by carrying the following ten essential items in his pack. These essentials will allow a scout to survive in the outdoors in most emergency situations.

- Pocketknife (when you complete Totin' Chip training)
- First aid kit
- Extra clothing
- Rain gear
- Water bottle (1 liter)
- Flashlight or headlamp
- Trail food
- Matches/Fire starter (when you complete Firem'n Chit training)
- Sun protection
- Map and compass

Recommendation beyond the Ten:

- Insect repellent
- Toilet paper (small roll)
- Whistle

Compare the Boy Scout Handbook list with lists at:

<http://www.rei.com/expertadvice/articles/ten+essentials.html>